

# "Stockholm – The Venice of the North."

Stockholm, built on 14 islands, is Sweden's capital and largest city. With a population of over 2 million in the metropolitan area, Stockholm is not only the biggest city in Sweden but it also constitutes the most populated urban area in all of Scandinavia.

This city is known for its beauty, its' buildings, its architecture, its abundant clean and open water and its many parks. Since as early as the 1100's, Stockholm has been one of Sweden's cultural, media, political and economic centers.

Furthermore, Stockholm's strategic location on the coast has always been very important for the city by attracting large cruise ships and facilitating the transport of goods. **Local Office** Tyskbagargatan 4, 114 43 Stockholm

**Email** qsweden@quintessentially.com **Telephone** +46 771 24 00 25 Telephone Code +46

**Emergency** 112 (for police, fire or ambulance) **Exchange Rate** 1 SEK = 0,08 GBP 1 GBP = 11,96 SEK Official Language Swedish

**Currency** SEK Swedish Krona

Time

CET

Electricity

The standard electrical voltage in Sweden is 230v. The majority of electrical outlets in Sweden use a two-rounded plug.

#### Tipping

In Sweden, tipping is not required anywhere. Service (as well as sales tax) is always included in the bill at restaurants and bars. However, it is usual for Swedes to leave a tip in restaurants and bars if they are happy about the service. You can round to the nearest 10 or 100 SEK (leaving coins), a 10-15% tip is considered generous.



# Accomodation

Best places to stay in Stockholm

# Grand Hôtel Stockholm

Södra Blasieholmshamnen 8, 103 27 Stockholm

Grand Hôtel lies in the heart of Stockholm with marvelous harbor views. Staying at Grand Hôtel is an experience beyond the ordinary. Royalties, statesmen and celebrities are among some of the hotel's acclaimed guests.

### **Bank Hotel**

#### Arsenalsgatan 6, 111 47 Stockholm

A landmark building in one of Stockholm's most prestigious locations, just footsteps from the finest shopping, nightlife and culture that Stockholm has to offer. Now lovingly re-imagined as a vibrant, welcoming boutique hotel and venue, blending intriguing design, rich history and graceful service to create something extraordinary.

#### Ett Hem

#### Sköldungagatan 2, 114 27 Stockholm

With twelve rooms, Ett Hem offers discerning guests comfortable interiors and bedrooms full of light. Outside the courtyard garden is a secret city wilderness that is the perfect place for summer breakfasts or winding down in the evening for a chilled bottle of wine. Ett Hem is not the usual hotel. It is a place where guests are treated as friends of the family, a place that allows guests to become part of it and feel at home.

# **Nobis Hotel**

#### Norrmalmstorg 2-4, 111 86 Stockholm

Nobis Hotel is an independent 201-room hotel offering every convenience and service in a casual yet elegant environment. The atmospheres in the rooms are calm, relaxed and sophisticated, with a mellow colour scale, clever commodity details and access to all frontline technology. With the best restaurants, shops, museums, sights, attractions and nightclubs the city has to offer on its doorstep.

#### At Six

### Brunkebergstorg 6, 111 52 Stockholm

At Six is one of Stockholm's freshest meeting places. Peter Stordalen's latest undertaking is something out of the ordinary. It is exclusive with a twist, offering a unique selection of rooms, restaurants, bars, gyms and event venues. At Six is quickly becoming one of Stockholm's favourite spots to be and be seen.

# Lydmar Hotel

#### Södra Blasieholmshamnen 2, 111 48 Stockholm

Lydmar Hotel is an intimate and cozy hotel located on the fashionable Blasieholmen next to the national museum of art in central Stockholm. Lydmar faces the water on both sides of the hotel with splendid views of the Royal Palace and the Old Town on one side and Nybroviken and the Royal Dramatic Theater on the other side. Lydmar hotel has 46 stylish rooms individually decorated with art from Mr Lydmar's personal collection.





Michelin Stars in Stockholm

#### Frantzén \*\*\*

#### Klara Norra kyrkogata 26, 111 22 Stockholm

A unique restaurant set over 3 floors of a 19 century property; ring the doorbell, enjoy an aperitif in the living room and have the day's luxurious ingredients explained. A beautiful wooden counter borders the sleek kitchen and the chefs present, create and explain the flavour-packed dishes personally. Cooking is modern and creative but also uses classic techniques.

# Oaxen Krog \*\*

#### Beckholmsbron 26, 115 21 Stockholm

Oaxen is located on Djurgården just next to the bridge over to Beckholmen. Close to nature, yet in the city. Here you can choose from menus with 6 or 10 Swedish seasonal dishes. The food served at Oaxen Krog is mostly organic with ingredients from small farms and producers. All raw ingredients come from within the region of the northern countries, most herbs and plants that they use during the summer season grow wild and are picked locally on Djurgården.

# **Operakällaren** \*

#### Operahuset, Karl XII:s torg, 111 86 Stockholm

Operakällaren is a classic and upscale restaurant located in the Royal Opera House serving advanced modern fine dining. The food consists of international haute cuisine and the menu varies according to season using only the best ingredients.

#### Gastrologik \*

#### Brunkebergstorg 6, 111 52 Stockholm

Here the meal is designed as a performance, both for the eyes and the senses. They work with seasonal and locally produced ingredients and offer two different menus, a smaller and a larger variety. Simple but very stylish interior.

# Volt \*

#### Kommendörsgatan 16, 114 48 Stockholm

An intimate, welcoming restaurant run by a young but experienced team. Cooking is natural in style, with the largely organic produce yielding clear, bold flavours together with natural wines. Ingredients are arranged in layers, so that each forkful contains a little of everything; choose 4 or 6 courses.

# Ekstedt \*

Humlegårdsgatan 17, 114 46 Stockholm

All food at Ekstedt is cooked in by way of an open fire and you can choose from a 4 or 6 course menu. The menus vary with the seasons and the dishes change in pace with the supply of the season's most perfect ingredients.

#### Mathias Dahlgren, Matbaren \*

Södra Blasieholmshamnen 6, 111 48 Stockholm Matbaren is the sister restaurant of Rutabaga, a modern bistro and a casual restaurant with international

# Agrikultur \*

cuisine based on using the best fresh produce available.

#### Roslagsgatan 43, 113 54 Stockholm

Agrikultur is a place that reaches beyond the boundaries of culinary tradition, while honoring food, flavour, sustainability and community. Agrikultur welcome guests to enjoy the seasonal Swedish produce in a warm, social, open-kitchen atmosphere.

# Sushi Sho \*

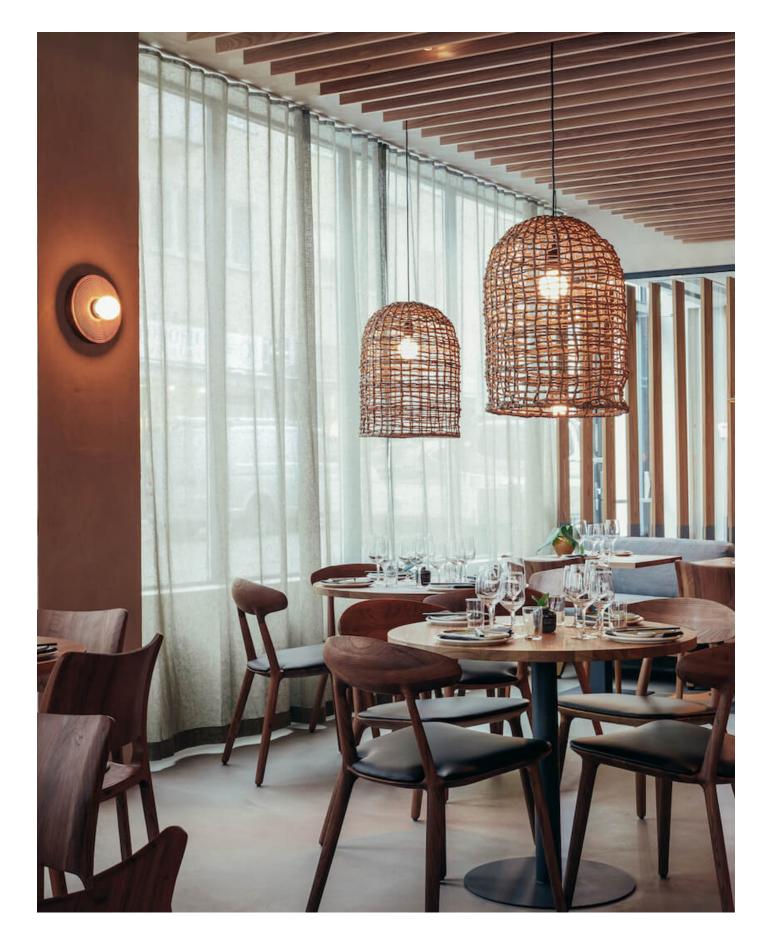
#### Upplandsgatan 45, 113 28 Stockholm

Sushi Sho is an Edomae style Sushibar located in Vasastan. They serve sushi according to the traditions practiced in Tokyo while using fresh Scandinavian ingredients. In 2016 Sushi Sho was awarded with 1 star in the prestigious Guide Michelin.

# Aloë \*

#### Svartlösavägen 52, 125 33 Älvsjö

Unusually hidden in an old suburban supermarket, this warm, welcoming restaurant is run by two talented chefs. Snacks at the kitchen counter are followed by a locally-influenced surprise menu with a seafood bias. Creative dishes stimulate the senses with their intense flavours and original combinations.



# The Contemporary

Culinary reinvention

# Rutabaga

Södra Blasieholmshamnen 6, 103 27 Stockholm

Mathias Dahlgren is aiming for the stars as he shuts down his 2-starred Michelin restaurant to start his newest venture, a completely vegetarian restaurant that is housed in the same venue that was once home to Matsalen. At Rutabaga, fine dining is replaced with a more relaxed atmosphere while the cuisine consists of the best seasonal vegetables served with a modern twist, while maintaining a very high standard. The Chef behind it all has won both Bocus D'Or and Swedish Chef of the Year. He has also recently been chosen as one of Sweden's most influential people within gastronomy.

# **Oaxen Slip**

#### Beckholmsbron 26, 115 21 Stockholm

Located in an old boatyard that now looks like a factory you will find "Slipen". A Nordic interpretation of bistro cuisine with great and uncomplicated dishes.

# Adam & Albin

#### Rådmansgatan 16, 114 25 Stockholm

This ambitious restaurant boasts almost fifty seats and their dedication to food, service and drinks are very apparent. The kitchen is in close proximity to the dining room and the bar is strategically placed in the centre of the premises to heighten the sense of intimacy.

# Bonnie's

#### Arsenalsgatan 6, 111 47 Stockholm

Located inside Bank Hotel. With 94 seats, Bonnie's is the main restaurant, with a coastal European menu. Under the high glass ceiling Bonnie's bring the lobby to life, with the city's number one culinary experience. At Bonnie's they serve breakfast, lunch and dinner, seven days a week. Bonnie's is located on the ground floor in the impressive Bank Hall.

## L'Avventura

#### Sveavägen 77, 113 50 Stockholm

A former cinema theatre comprises the restaurant's bustling heart, with six-metre high ceilings, stucco mouldings and wall paintings by Nils Asplund. In the heart of Vasastan L'Avventura consists of two bars and a restaurant focusing on Italian cuisine.

# **Punk Royale**

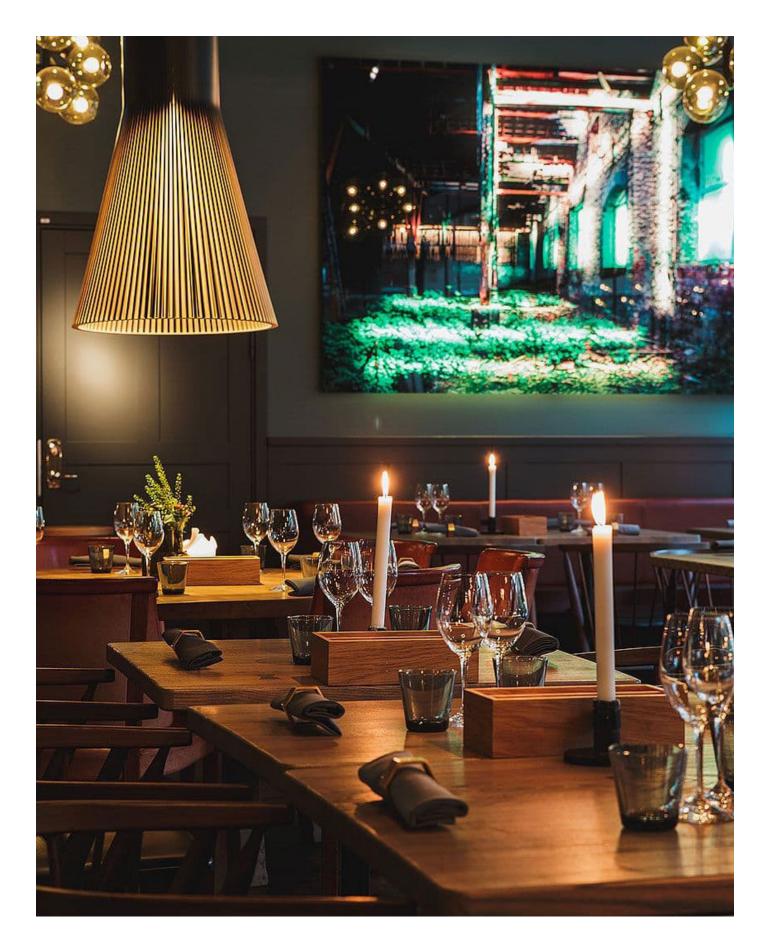
Folkungagatan 128, 116 30 Stockholm

Punk Royale, the quirky restaurant on Stockholm's Södermalm reminds us of how bewildering and entertaining a restaurant visit can be. The chefs, Jocke Almqvist and Kalle Nilsson, have created a scandalous place with only 26 tables where guests are continuously provoked in an unexpected ambiance. Punk Royale represents an immortal genre in the Nordic countries, serving Scandinavian cuisine executed in a playful and trendy manner. There is nothing conventional about this place. Beware and enter at your own risk.

# AG

#### Kronobergsgatan 37, 112 33 Stockholm

An industrial, New York style eatery on the 2nd floor of an old silver factory. Swedish, American and Scottish beef is displayed in huge cabinets and you choose your accompaniments. Expect a great wine list and smooth service.



# The Classics

Always a great choice

# Lilla Ego

Västmannagatan 69, 113 26 Stockholm

Lilla Ego has received raving reviews and has been been named a rising star by the White Guide.

#### Hantverket

Sturegatan 15a, 114 36 Stockholm

The restaurant is a lively meeting place suited for business lunches as well as dinners and late night drinks. It is just as elegant as it is unpretentious. Food, atmosphere and decor are all characterized by both a great deal of passion and ingenuity.

#### Portal

#### Sankt Eriksplan 1, 113 20 Stockholm

Portal offers food experiences with loads of heart and culinary joy. It's a familiar and casual restaurant with high ambitions. The menu combines French and Nordic cuisines and features ingredients from all over Sweden. The pleasantly unpretentious light wood decor creates a cozy atmosphere. The restaurant is open for lunch and dinner, and only accepts payment by card.

# **Riche**

#### Birger Jarlsgatan 4, 114 34 Stockholm

This restaurant and bar attracts Stockholm's largest After Work crowd. The restaurant combines French and traditional Swedish food. Riche is also a very popular lunch restaurant close to Stureplan.

# Sturehof

#### Stureplan 2, 114 35 Stockholm

This bustling city institution dates back over a century and is a wonderful mix of the traditional and the modern. It boasts a buzzing terrace, several marble-topped bars and a superb food court. Classic menus focused on seafood.

# Colline

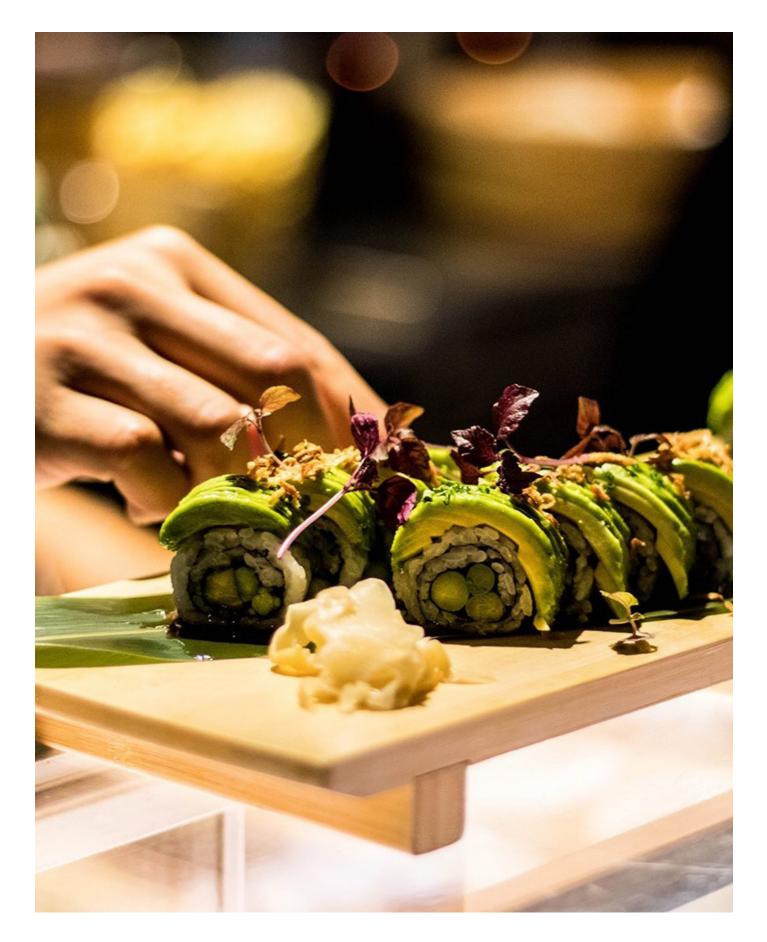
Götgatan 29, 116 21 Stockholm

A modern, playful Brasserie on Götgatan, Stockholm. Food from the Mediterranean and a large wine list with a focus on natural wines.

# Calle P

Berzelii park 10, 111 47 Stockholm

One of the 90's most popular restaurants and venues Calle P is back in town! At Calle P you can enjoy a variety of dishes based on seasonal and local produce. Calle P consists of a dining room, bar and an outdoor dining area in the center of Berzelii Park.



# The Asian Touch

Scandinavia goes East

# Kasai

#### Linnégatan 18, 114 47 Stockholm

At Kasai, Sweden's very first Japanese dinner club, dining as entertainment is taken to a whole new level (Kasai Ochaya). The split-level space on Linnégatan offers several sections, among them a dining room with a large centrepiece dining table that also doubles as a stage.

#### Tak

#### Brunkebergstorg 2-4, 111 51 Stockholm

Waves of flavour decend over patrons of Surfers Stockholm, that specializes in Chinese Sichuan cuisine. Meals at Surfers are eaten as the Sichuan eating ritual dictates – in small portions and in family-style. So grab a menu, order the whole lot and start working your way through what might very well be the city's best Chinese meal.

# Ichi

#### Timmermansgatan 38B, 118 55 Stockholm

Saori Ichihara is the head chef who has teamed up with brothers Jesper and Kim Kvarnefält to offer a new kind of dining experience on Södermalm. The menu is seasonal and the cuisine is based on Japanese flavors with Nordic elements. They serve a set menu consisting of five courses called Yushoku (Japanese word for dinner). The food is elegant, balanced and technically well executed.

# Mr Voon

#### Smålandsgatan 26, 111 44 Stockholm

This restaurant and bar attracts Stockholm's largest After Work crowd. The restaurant combines French Asian grill with three different grills as well as three different cooking methods. Mr Voon is proud to announce that they have the largest selection of Japanese Wagyu in Scandinavia. Mr Voon also has the first ever tempura bar in Sweden.

#### Farang

#### Tulegatan 7, 113 53 Stockholm

Farang, Helsinki's sister version, this is a vast restaurant with a chic bar. Cooking focuses on southeast Asia and hot, sweet and sour flavours; dishes are aromatic, zingy and colourful. Sharing is encouraged and there is a family atmosphere.

# Surfers

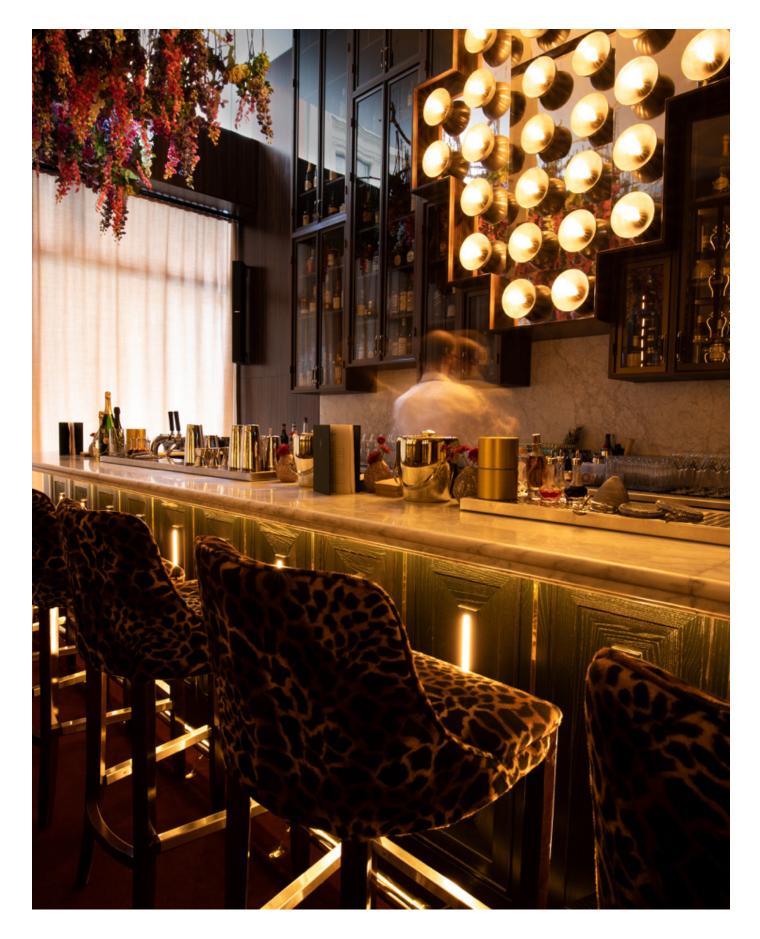
#### Regeringsgatan 88, 111 39 Stockholm

Waves of flavour crash over patrons at Surfers Stockholm, which specializes in Chinese Sichuan cuisine. Meals at Surfers are eaten as the Sichuan eating ritual dictates – in small portions, family-style – so get a menu, order the whole lot and start working your way through what might very well be the city's best Chinese meal.

#### Tong

#### Hornsgatan 66, 118 21 Stockholm

Tong serves jaw-dropping food created by chef Thomas Omfors and is inspired by the Chinese provinces of Shaanxi, Hunan and Sichuan. Jimmy Dymott is in charge of the cocktail bar and creates fresh new cocktails inspired by Chinese flavors and mixes them with old school classics and techniques.



"See & Be Seen"

Lounges, bars and speakeasys

# Cadierbaren

Södra Blasieholmshamnen 8, 111 48 Stockholm

This spectacular bar is a popular gathering spot for an after-work drink, informal meetings and nights out on the town. Hungry? Check out the bar menu. You'll also find an à la carte breakfast, brunch, lunch and of course afternoon tea for those who have difficulty tearing themselves away from the Cadierbar.

#### Sophie's

#### Arsenalsgatan 6, 111 47 Stockholm

Discreetly tucked behind sweeping curtains, Sophie's bar is a treat for the discerning eye. Take a seat in the generous velvet chairs, while enjoying the art, decorated floral ceiling and the finest cocktails. Attached to the hotel, Sophie's is a destination bar in its own right, bringing a neighbourhood vibe to Bank Hotel. The bar offers bespoke cocktails and an extensive list of exclusive Champagnes. Sophie's is all about keeping it social, with an atmosphere as bubbly and vibrant as the drinks.

# Guldbaren

#### Norrmalmstorg 2-4, 111 86 Stockholm

Guldbaren, (The Gold bar) at the five-star Nobis Hotel is as elegant as it sounds. The walls and ceilings are covered with gold-framed mirrors and the cocktails are master-class. Hang out in the bar or relax on a sofa in the beautiful atrium right next to it.

# Folii

#### Erstagatan 21, 116 36 Stockholm

The wine bar Folii is the brainchild of sommeliers Béatrice Becher and Jonas Sandberg. Combining their many years of experience and expertise, the bar offers an ever-changing wine list depending on their new discoveries and a menu to compliment their current favourites.

# **Corner Club**

#### Lilla Nygatan 16, 111 28 Stockholm

With prize-winning bartenders and a casual surrounding, Corner Club offers a classic drink menu that offers flavours for the ever-changing seasons and hours of the day.

#### Himlen

Götgatan 78, 118 30 Stockholm

An elegant, stylish restaurant, cocktail lounge and sky bar with spectacular 360-degree views of Stockholm, from the top of a skyscraper in Södermalm. Open to 3 am on weekends.

# TAK

#### Brunkebergstorg 2-4, 111 51 Stockholm

TAK is a place like no other. Extraordinary experiences exceeding expectations. Playful and lavish, simple and complex. A down-to-earth atmosphere with a breath-taking view. An impressive bar where cocktails and drinks meet intense conversations and loud laughter. For those seeking a little awaited escapism in their daily lives, the bar is a great spot to visit.

#### **Mister French**

#### Tullhus 2, 111 30 Stockholm

A nice place for you to enjoy an after work, have a drink for celebration or to have a romantic moment. Whatever you are looking for, Mister French is the perfect choice. Located in Gamla Stan with a superb view across the water, Mister French offers outdoor-seating possibilities as well as a sophisticated indoor environment to enjoy a drink.

# Charles

#### Birger Jarlsgatan 29, 111 45 Stockholm

Charles is an exclusive club at restaurant TAKO run by Lill Lindqvist. The name Charles is a tribute to the club queen Alexandra Charles, who had her legendary nightclub at the same venue. Late night dining is one of the main features at Charles with 40 dining seats and the kitchen is open until 1am.

## Kasai

#### Linnégatan 18, 114 47 Stockholm

Kasai's cocktails are inspired by both the old and the new, combined with a fantastic heritage of traditions, symbols, art, landscapes, animals, toys, sweets, spices and herbs from every corner of Japan. Later in the evening Kasai welcomes you to their in-house dinner/nightclub.

### The Nest Cocktail Lounge

#### Brunkebergstorg 9, 111 51 Stockholm

Take a hike up to The Nest and admire the views of Stockholm. Scandic Downtown Camper's rooftop bar, The Nest Cocktail Lounge, is open from afternoon to late evening, serving lighter bar snacks and gorgeous signature cocktails.

# Tjoget

#### Hornsbruksgatan 24, 117 34 Stockholm

Tjoget's contemporary concept combines an ultra-chic restaurant, a speakeasy-style award-winning cocktail bar, a wine bar and an old-school barber. This trendy concept has many a locals trekking across the city to soak up the ambiance.





# City Hall

Widely considered to be one of the most beautiful City Halls in the world, Stadshuset is also the venue for the annual Nobel Dinner.

# The Royal Palace

The vast palace that dominates the Old Town was designed in 1697 and it was built on the same site as several earlier fortresses and castles. Completed in the middle of the 18th century, it's the official residence of the Swedish royal family, although they no longer live in the building. The Old Town is probably the place in Stockholm that attracts the most visitors. This quarter has been known as a place of sin, a place of execution and a place for grandiose royal weddings. To walk through the alleys of the Old Town is to walk into history!

# National Museum of Fine Art

Housed in a beautiful Italianate palazzo close to the Grand Hôtel, with marvelous views across the water to the Old Town, the National Museum has a vast collection of paintings, sculptures, prints, applied arts and modern design. It truly is one of Scandinavia's finest museums.

# The Vasa Museum

The Vasa Museum is an indoor museum great for both adults and children. The Vasa warship sank in Stockholm harbor after sailing less than a mile on her maiden voyage in 1628. After 333 years beneath the surface she was raised in 1961 and is now housed in this specially designed museum. Strongly recommend is a guided tour.

#### Skansen Open Air Museum

Skansen is a favorite both among Stockholmers and visitors passing through, and it's a perfect family outing. This is the oldest open-air museum in the world and also the Stockholm zoo, with animals native to Scandinavia. Skansen is beautifully located on Royal Djurgården and sports spectacular views over all of Stockholm. This is also a Sweden in miniature. 150 farms and dwellings from different parts of the country were disassembled and transported here. Swedish traditions such as Midsummer, Walpurgis Night and Lucia are celebrated at Skansen.

# Nordiska Museum

This stunning building on Djurgården houses a unique collection to showcase Sweden's past from 1520 to the present day. As they enter the musuem visitors are met by a colossal statue by Carl Milles of Gustav Vasa, the king who drove out the Danes in the 16th century.

# Fotografiska

Fotografiska is an international meeting place where everything revolves around photography. The ambition is to exhibit both famous photographers as well as those who are not yet established. Since their grand opening in May 2010, they have showcased legends such as Annie Leibovitz, David LaChapelle, Nick Brandt and have introduced new photographers like Helena Blomqvist, Klara Kallstrom and Johan Wik.

# Drottningholm

The beautiful Drottningholm palace, located on the island of Lövön, is the residence of the Swedish royal family. The palace has opened a selection of its doors to the public, and among the rooms available for viewing is the beautiful Queen Lovisa Ulrika's library. You should also visit the palace church, the baroque garden and the palace theatre, where a popular opera festival is held every summer.

# Abba The Museum

Spend some time with Sweden's greatest export after IKEA at the ABBA Museum. Based inside POP HOUSE, the exhibition follows the group's history from folk singers to international icons and includes interactive elements including performing on stage with the band and mixing a studio recording. Even the hardiest of visitor won't be able to resist its charm, fun and impossible to shake catchiness - just be prepared to have 'Dancing Queen' stuck in your head for the rest of the trip.

#### Wetterling Gallery

www.wetterlinggallery.com

# Åmells

www.amells.com

# **Bukowskis Auction House**

www.bukowskis.se

# Mc Cabe Fine Art

www.mccabefineart.com

# Lars Bohman Gallery

www.larsbohmangallery.com